

Watch your child playing • See what they enjoy doing • Join in and use these ideas when they seem ready

Tights! Are the toes pointing forwards?

## Getting dressed

counting forwards

Vest, T-shirt, jumper - that's 3 layers on today! When you put on your coat it will be 4! If you take off your jumper it will be 2.

Let's count back as the zip goes down. 10, 9, 8, 7 , $6,5,4,3,2,1,0$.
counting

Right arm in, left arm in.
Let's count as the zip goes up. 1, 2, 3, $4,5,6,7,8,9,10$.


Watch your child playing • See what they enjoy doing • Join in and use these ideas when they seem ready

